

LA JETS XC INVITATIONAL



DATE: November 3, 2019

SITE: Heartwell Park
5801 E. Parkcrest St
Long Beach, CA 90808

SCHEDULE TIMES:

7:00 – Packet Pick up and late registration opens
8:00 – Coaches Meeting
8:15 – Course Walk
8:30 – Late registration closes
9:00 – First race starts 8U

HOST: The LA Jets is hosting their first cross country meet in 20-years. We look forward to seeing all and know that great competition will come out.

CONTACT: Dawna Watson (310) 908-6935. Email: dawna.watson@outlook.com

AGE DIVISION and RACE DIVISION:

8 and Under (2011 & later) 2K	13 – 14 (2005 - 2006) 4K
9 – 10 (2009 – 2010) 3K	15 – 16 (2003 – 2004) 4K
11 – 12 (2007 - 2008) 3K	17 – 18 (2001 – 2002) 4K

PRE REGISTRATION:

- Pre register by Wednesday 10/30/2019 (11:59pm)
- Register on Athletic.net

ENTRY FEE: Seven dollars (\$7.00) and must be paid in cash, money order, or club check. Payable to Los Angeles Jets Track Club. Registration fees are non-refundable.

Estimated race schedule: Rolling schedule. Starting at 9:00am

ESTIMATED RACE SCHEDULE:

Race 1: Girls 8U	Race 5: Girls 11-12
Race 2: Boys 8U	Race 6: Boys 11-12
Race 3: Girls 9-10	Race 7: Girls 13-14, 15-16, 17-18
Race 4: Boys 9-10	Race 8: Boys 13-14, 15-16, 17-18

MEET RESULTS: Events will be posted at the meet within a 30 minute window after competition of each event. Final meet results will be posted at athletic.net.

CHECK-IN: All participants must check-in at the start line. Please observe the flow of the meet and have your athlete(s) on the line at the appropriate time.

INDIVIDUAL AWARDS: Participants finishing 1st - 5th will receive medals. 6th place thru 10th will receive ribbons.

TEAM AWARDS: 1st and 2nd trophies will be awarded to the overall boys and girls with the most points.

PARKING: Neighborhood parking and along the streets of the park.



Meet will be held rain or shine