



37th Annual Invitational Track Meet
Celebrating our 50th Anniversary
May 27th-28th, 2023
Updated 5/05/23

Sponsored By: Los Angeles Jets Track Club

Sanctioned by: Southern California Association/USATF

Site: Warren High School
8141 De Palma Street
Downey, CA. 90241

Starting Time: 8:00 AM Field and Running Events

Meet Directors: Bob Holden (408) 832-6333 Lajetsmgr@gmail.com
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Eligibility: All participants must have a valid 2023 USATF membership. Membership may be done online at www.usatf.org Entries opened to any Boy or Girl, according to their year of birth, in the following Divisions:

8 & Under.....2015 +

9 - 10.....2013-2014

11 - 12.....2011-2012

13 - 14.....2009-2010

15 - 16.....2007-2008

17 - 18.....2005-2006

Participant waiver/release forms for each athlete must be filled out and turned in at packet pick. They can be found on the Usatf.org website. Put Usatf minor participant waiver in the search engine or click here [USATF Participant Waiver](#).

Limitations: 8 & under, 9-10 and 11-12 are limited to three events. 13-14 and above are limited to four events. **8 & under born 2014 + (age 5 & 6 by December 31 are restricted to 100M, 200M, Long Jump, Shot Put, Mini-javelin, 4x100M Relay & 4x400M Relay).**





****FIELD EVENTS WILL BE RESTRICTED TO FOUR (4) ATTEMPTS ONLY.****

Surface: All-Weather Track and Runway. **Restricted 3/16” Pyramid Spikes.**

Registration: To register individuals, unattached, and Teams go online at <https://www.athletic.net/TrackAndField/meet/502642/register>. Online entry deadline is 11:59pm (PST), Tuesday, May 23, 2023.

Please Note: All athletes entering the meet must have their age verified via USATF Connect or Athletic.net will not accept their registration for The LA Jets Invitational. The USATF National Office requests 5 business days for birth verification approval so please don't wait until the last moment.

Entry Fee: \$4.00 per individual event and \$16.00 per relay. Entries fees are non-refundable and can be paid online (credit card only). Late registration and packet pickup will accept cash, club checks (from local clubs only) or money orders. **NO PERSONAL CHECKS WILL BE ACCEPTED**

Packet Pickup & Late Registration: Late entries will be \$8.00 per event or \$32.00 per relay and subject to lane availability.

Packet Pickup & Late Registration onsite at the meet (at Warren High School).

Packet Pickup and Late Registration on Saturday & Sunday will only be at Warren High School from 7-9am on both days. Registration for all 100m semifinals will end at 8:00 on Saturday morning.

Protests: Must be made in writing (rule number must be indicated with a \$50.00 cash within 30 minutes of posted result at the result's table). Protest sheets will be available and must be returned to the registration table.

Awards: Custom medals will be awarded to first, second and third place. Custom ribbons will be awarded to fourth through eighth place in each event. Unattached athletes must wear their competition number when picking up their awards and **all awards must be picked up at the meet – we will not mail or deliver awards after the meet.**

Any concerns about placement need to be addressed by using the protest process within 30 minutes of the results being posted.

Division trophies will be presented to the top two teams in the 8 & Under through 13-14





Divisions, using the 10-8-6-5-4-3-2-1 system. A Team Championship Trophy will be presented to the top overall boy and girl team. The host team will be excluded from these awards but will displace in the scoring. Teams must be present to accept this award.

Meet Results: Will be provided online by Tuesday, May 30th, 2023 at www.lajetstrackclub.com. Results will also be made available on www.scausatf.org.

Check-In: All participants in running events must check in at the Clerk of the Course when their events are called. Event check-ins will close 5 min after final call – No exceptions. Field event participants must report directly to the Official on the field in charge of the event when called.

Parking & Seating: \$5.00 per car (in/out allowed). Please respect all posted parking restrictions. The LA Jets will not be held liable for the illegal parking of any guests. Tents and large umbrellas are restricted to the top rows on both sides of the track.

ROPED OFF AREAS WILL NOT BE PERMITTED AND WILL BE REMOVED BY MEET MANAGEMENT.

Please Note: Tents can be set up at Warren High School beginning at 6am on Saturday, May 27th. Please do NOT enter the stadium facilities prior to that time.

Concession: Food, drinks, snacks, Programs

Apparel: Custom designed 2023 Invitational apparel and accessories will be available for purchase.

Please note that no profanity, smoking, vaping or drinking is allowed at the meet site (including in the parking lot) and we ask that everyone treat the volunteers and officials with respect. Anyone found to be in violation will be asked to leave the facility and will not be invited back to future Los Angeles Jets events.

We also ask that all attendees abstain from barbecuing or cooking food in the parking lot or on the premises as well as patronizing uninvited vendors including ice cream carts and other unauthorized salespersons. No sales of any kind are to be performed in the stands, parking lots or adjacent streets. No cooking on the premises is not allowed.

Pets: NO PETS ALLOWED

We are a non-profit organization who greatly appreciates your support for our concession stands and invited vendors.





36th Annual Invitational Track Meet
MEET WILL TAKE PLACE RAIN OR SHINE

Saturday May 27, 2023

RUNNING EVENTS – START TIME: 8:00 AM.

1500M Race Walk F 9-10/G, 9-10/B, 11-12/G, 11-12/B

3000M Race Walk F 13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18/YW, 17-18/YM Open/Masters

3000M Run F/F 11-12 (G-B), 13-14 (G-B), 15-16 (G-B), 17-18 (YW-YM)

100M Dash S/F 8&U (G-B) through 17-18 (YW-YM) & Open/Masters

400M Dash F/F 7&8 (G-B) through 17-18 (YW-YM) & Open/Masters

4X100M Relay F/F 8&U (G-B) through 17-18 (YW-YM)

400M Hurdles F/F 15-16/B, 17-18/YM, 15-16/G

200M Hurdles F/F 13-14 (G-B)

4x800M Relay F/F 11-12 (G-B) through 15-16 (G-B)

FIELD EVENTS – START TIME: 8:30 AM.

High Jump F-- 11-12/G, 11-12/B, 13-14/G, 13-14/B

Long Jump F-- 9-10/G, 9-10/B, 17-18/YW, 17-18/YM, 15-16/B, 15-16/G, 13-14/G, 13-14/B Shot Put-- F 13-14G, 13-14B, 11-12G, 11-12B, 17-18YW, 17-18YM

Finn Flyer Javelin-- 11-12/G, 11-12/B (450g) Javelin (follows Finn Flyer) F 17-18/YW, 17-18/YM, 13-14/G, 13-14/B, 15-16/G, 15-16/B,





Sunday May 28, 2023

RUNNING EVENTS – START TIME: 8:00 AM.

1500M Run F/F 7&8 (G-B) through 17-18 (YW-YM) & Open/Masters
200M Dash F/F 8&U (G-B) through 17-18 (YW-YM) & Open/Masters
110M Hurdles F/F 15-16(B), 17-18 (YM)
100M Hurdles F/F 13-14 (B), 17-18 (YW), 15-16 (G), 13-14 (G)
80M Hurdles F/F 11-12 (G), 11-12 (B)
800M Run F/F 7&8(G-B) through 17-18 (YW-YM) & Open/Masters
100M Dash Final 8&U (G-B) through 17-18 (YW-YM)
Parent/Coaches Relay---- Real Coaches/ Real Parents
4x400 Relay F/F 7&8(G-B) through 17-18 (YW-YM)

FIELD EVENTS – START TIME: 8:00 AM.

High Jump --F 17-18/YW, 15-16/G, 17-18/YM, 15-16/B, 9-10/G, 9-10/B
Discus --- For safety reasons the Discus will not be conducted.
Triple Jump --F 13-14/G, 13-14/B, 17-18YM, 15-16/B, 15-16/G, 17-18/YM
Long Jump (Following Triple Jump)--F 8&U/G, 8&U/B, 11-12/G, 11-12/B
Shot Put F --9-10/G, 9-10/B, 8&U/G, 8&U/B, 15-16/G, 15-16B
Pole Vault F--13-14/G, 13-14/B, 15-16/G, 15-16/B, 17-18/YW, 17-18/YM
Mini-Javelin F-- 8&U/G, 8&U/B, 9-10/G, 9-10/B





Los Angeles Jets Invitational Meet Records (1983 - 2023)

8 & Under Girls

Event	Record Holder	Team	Record	Year
100m	Tracey Stewart	3M	14.09	1996
200m	Mila Woolforde	BLIGH	29.52	2022
400m	Wynter Winston	PCSW	1:09.57	2018
800m	Yamilet Lopez	PCSW	2:41.75	2016
1500m	Yamilet Lopez	PCSW	5:23.11	2016
S-P	Treasure Brown	LAJ	6.95m	2013
L/J	Ndiah Hall	PYAC	3.75m	2015
M/J	Treasure Brown	LAJ	17.88m	2013
4x100m	L. A. Jets	LAJ	1:01.43	2002
4x400mr	L. A. Jets	LAJ	4:58.66	2014

9 & 10 Girls

Event	Record Holder	Team	Record	Year
100m	Bijon Robinson	24K	13.34	2001
200m	Bijon Robinson	24K	26.48	2001
400m	Lorrena DeJurnett	LAJ	1:01.45	2001
800m	Arielle McKenzie	LTC	2:27.60	2016
1500m	Yamilet Lopez	PCSW	4:58.73	2018
1500mw	Reese Gentry	Unit.	7:30.46	2016
4x100mr	L. A. Jets	LAJ	53.93	2005
4x400mr	L. A. Jets	LAJ	4:22.39	2005
L/J	L. Panteau	FOCUS	4.37m	2008
H/J	Teresa Henderson	LAJ	1.51	1993
SP	Ashlie Blake	PSVF	9.14m	2006
M-J	H. Carson	AC	31.20m	2004

11 & 12 Girls

Event	Record Holder	Team	Record	Year
100M	Angela Williams	SCC	12.04	1992
200m	Angela Williams	SCC	24.77	1992
400m	Ebony Collins	QF	56.70	2001
800m	Laquesha Walker	PSVF	2:18.23	2000
1500m	Deviann Salcedo		4:45.77	2013
1500mw	Reese Gentry	UNAT	7:13.30	2017
3000m	Amy Skieresz	LVC	10:06.0	1988
80MH	Caitlin Worline	LAJ	12.57	2013
4x100mr	West Coast Elite	WCE	49.30	2022





4x400mr	Quiet Fire	QF	3:56.63	2010
4x800mr	Fast Action	FA	9:53.21	1994
L/J	Alyssa Alumbres	TV	5.46m	2018
H/J	Gayle Hunter	TW	1.53m	1998
SP	Ashlie Blake	PSVF	12.20m	2008
Disc	Paris D, Buckley	3M	34.50m	2001
M-J	Hanna Carson	AC	46.29m	2005

13 & 14 Girls

Event	Record Holder	Team	Record	Year
100m	Angela Williams	SCC	11.72	1993
200m	Angela Williams	SCC	24.06	1994
400m	T. Thompson	QF	54.68	2005
800m	Shalynn Carr	BA	2:11.0	1990
1500m	K. Neketa	TM	4:35.5	1990
3000m	Isabella Fauria	SE	9:56.19	2016
3000rw	A. Bishop	BT	16:35.32	2003
100mh	Gayle Hunter	TW	14.33	2000
200mh	S. Uwadiale	AOB	27.44	2000
4x100mr	Acorn O.B.	AOB	47.02	2002
	Quiet Fire	QF	47.02	2003
4x400m	L. A. Jets	LAJ	3:46.36	1999
4x800mr	L.A. Jets	LAJ	9:29.52	1998
L/J	C. Brewer	MV	5.87m	2007
	Anna Jennings	PH	5.87m	2019
T/J	C. Brewer	MV	11.55m	2007
H/J	Tayyiba Haneet	TM	1:70	1993
S/P	H. Carson	AC	14.53m	2007
Disc	H. Carson	AC	40.02m	2007
P/V	Camilla Reny	PRR	2.74m	2004
Jav	Charlett Maher	METC	36.20m	2015

15 & 16 Girls

Event	Record Holder	Team	Record	Year
100m	Mikala Warr	Unat.	11.95	2022
200m	Lakeidha Backus	WVE	24.08	1992
400m	Angela Rolfe	LAJ	56.1	1986
800m	Trudy Palmer	FM	2:16.2	1983
1500m	C. LaHodny	RRR	4:48.34	1998
3000m	Sara Baxter	Unat	10:06.82	2010
3000W	Tai Strozier	PRR	25:54	2004
100mh	Natasha Neal	3M	14.20	1995





400mh	Laura McDowell	Unat	1:02.83	2010
4x100mr	W. C. Gazelles	WCG	49.24	2000
4x400mr	Together Elite	TE	4:07.76	2008
4x800mr	Aftershock DC	ADC	10:02.18	2014
L/J	O. Hudson	Unat	5.60m	2008
T/J	S. Culter	QF	11:13m	2007
H/J	V. Cunningham	NGTC	1.83m	2013
P/V	Alexandria Gray	Valt.	3.23m	2016
SP	S. Williams	Unat.	12.55m	2006
Disc	E. Robinson	POPS	38.10m	2006
Jav	T. Montgomery	LAJ	39.38m	2013
T-J	K. Black	LBS	9.80m	2003

17 & 18 Girls

Event	Record Holder	Team	Record	Year
100m	R. Payne	SCSC	12.07	1996
200m	G. Flounder	ARS	25.25	1999
400m	L. Long	UNAT	56.22	1997
800m	C. LaHodny	RRR	2:17.66	2000
1500m	Emily Virtue	4:42.18	ME	2017
3000m	Emily Virtue	10:10.50	ME	2017
4x100mr	Hurricane	HUR	46.96	2000
100mh	Ekaterina Hupalo	PF	14.84	2018
400mh	T. Robertson	TE	1:07.00	2008
L/J	Domn. Ruotolo	LQT	5,79.m	2017
S-P	L. Rueff	CP	11.47m	2010
T/J	Jasmyn Garcia	NGTC	11.52m	2013
H/J	V. Cunningham	NGTC	1.88m	2015
P/V	Alex. Gray	VC	3.53m	2017
Disc	L. Rueff	CP	42.20m	2010
Jav	Francesca Macias	Unat	3.62m	2018

8 & Under Boys

Event	Record Holder	Team	Record	Year
100m	Desean Watson	3M	13.85	1996
200m	Prentice Jones Jr.	TCJ	28.28	2018
400m	Theron Amey	3MTC	1:07.28	2018
800m	Miles Jones	3MTC	2:37.35	2014
1500m	Miles Jones	3MTC	5:08.60	2014
S-P	Maalik Murphy	SCTC	8.63m	2012





L/J	M. Griffin	AT	4.09m	2008
M/J	Eugene Brooks	LVBO	31.55m	2014
4x100mr	Valley United	VU	1:00.19	2016
4x400mr	L. A. Jets	LAJ	5:03.87	2013

9 & 10 Boys

Event	Record Holder	Team	Record	Year
100m	D. Watson	3MTC	12.74	1998
200m	Jared Ware	VS	26.18	1996
400m	James Smith	LAJ	1:00.99	2012
800m	Bradley Quesada	PLSW	2:22.57	2018
1500m	Bradley Quesada	PLSW	4:42.37	2018
1500mw	R. Thong	EQL	8:04.88	2010
4x100mr	Valley United	VU	53.00	2003
4x400mr	Speed City T. C.	SCTC	4:19.22	2000
L/J	Christopher Owens	SBP	4.69m	2102
H/J	S. Lee	UHJ	1.47m	2010
S/P	Maalik Murphy	SCT	11.47m	2014
M-J	A. Shyne	3M	40.03m	2007

11 & 12 Boys

Event	Record Holder	Team	Record	Year
100m	A. Ware	WVE	11.71	1999
200m	O. Moore	LAJ	24.24	1991
400m	O. Moore	LAJ	54.56	1991
800m	O. Moore	LAJ	2:07.8	1991
1500m	Adam Divinity	Unat	4:28.33	2018
1500mw	Ryan Thong	EQL	7:25.32	2012
3000m	Everett Capelle	S. O.	9:44.97	2018
80mh	D. Thompson	SP	11.94	1999
4x100mr	W. V. Eagles	WVE	49.55	1997
4x400mr	PC Shockwave	PCSW	3:55.71	2014
4x800mr	Speed City	SC	9:38.48	2010
L/J	Steven Murray		5:91m	1993
H/J	James Perkins	FA	1.60m	1993
S/P	K. Smith	Umoja	13.42m	2008
Disc	Michael Stine	CP	36.01m	2014
M-J	B. Hill	3MTC	48.48m	2006





13 & 14 Boys

Event	Record Holder	Team	Record	Year
100m	L. Brown	VS	10.72	1999
200m	Traven Walton	WCG	22.10	1996
400m	M.Granville	WVE	49.44	1992
800m	M.Granville	WVE	1:56.3	1992
1500m	Phillip Rocha	SCRR	4:10.40	2012
3000m	Eric Hatch	CR	9:10.03	2014
3000mw	A. Mendonca	SCRR	15:42.64	1994
100mh	Joseph Anderson	RS	13.48	2013
200mh	M. Thomas	PRR	25.05	1994
4x100mr	Vegas StealthYTC	VS	43.87	1999
4x400mr	L. A. Jets	LAJ	3:29.70	1993
4x800m	Pacific Coast SW	PCSW	8:47.01	2016
L/J	D. Luna	UNLV	6.38m	2010
T/J	Arlis Birmingham	PCSW	12.71m	2018
H/J	Sean Lee	USAHJ	1.88m	2013
S/P	J. Cody	PSVF	15.32m	2008
Disc	Tyler Johnson	UNA	53.24m	2004
Jav	Joseph Jara	Unat.	43.30m	2019
P-V	Caleb Fuller	VC	3.65m	2018

15 & 16 BOYS

Event	Record Holder	Team	Record	Year
100m	Brian Harrison	SW	10.70	1994
200m	Jalem Virgil	JRTC	21.98	2014
400m	T. Walton	UNAT	49.27	1997
800m	N. Hartle	P/SVF	1:57.43	2010
1500m	N. Hartle	P/SVF	4:05.83	2010
3000m	D. Rosales	SC	8:56.00	2008
110mh	D. Pedroso	WC	14.53	2007
400mh	Henry Coleman	LAJ	57.3	1986
4x100mr	S. C. R. Cougars	SCRC	41.19	2004
4x400mr	S. C. R. Cougars	SCRC	3:26.16	2004
4x800mr	Equalizers T, C.	EQTC	8:06.87	2005
L/J	D. Hawkins	WCG	6.81m	2008
H/J	M. Almont	FS	1.93m	1996
	D. Hawkins	WCG	1.93m	2008
SP	Amir Patterson	UNAT	17.75m	2012
Disc	Malik McMorris	Unat.	50.96m	2013
Jav	J. Roman	CY	46.90	1987
T-J	M. Dupree	TW	13.01m	1996





S-C	J. Vincelet	LMY	6:58.61	1995
P/V	Ty Friedman	UNAT	4.26m	2017

17 & 18 BOYS

Event	Record Holder	Team	Record	Year
100M	J. Hotchkins	VL	10.58	2008
200m	J. Hotchkins	VL	21.32	2010
400m	M. Daniels	LAJ	48.33	1998
800m	M. Russell		1:53.3	1994
1500m	S. Hisam	OCBA	4:01.6	1986
3000m	Alexander Hirsch	Unat.	9:09.13	2016
110mh	D. Floyd	AVH	14.47	1998
400mh	A. Kokinakes	SOCW	55.93	2010
4x100mr	Vegas Stealt	VS	41.84	2001
4x400mr	Vegas Lighting	VL	3:26.78	2008
4x800mr	Vegas Lighting	VL	8:18.40	2008
S-C	D. Scribal	ALE	7:26.15	1995
L/J	Devion Clayton	NGTC	6.62m	2015
H/J	R. Cunningham	NGTC	2.13m	2013
T-J	J. Brown	PRR	13.81	1995
Disc	A. L. Patterson	TBC	51.39m	2014
Jav	Anoop Khatra	Unat.	52.50m	2019
SP	Yusuf Hashem	Unat.	12.06m	2017
P-V	Ryan Fegen	Unat.	4.27m	2016

