

9TH ANNUAL LA JETS CROSS COUNTRY INVITATIONAL MEET



DATE: October 29, 2023
SCHEDULE TIMES:
SITE: Heartwell Park 7:00AM Packet Pick up / \$10 fee for late registration opens
5801 E Parkcrest St 7:45AM Race for 15-18/Masters 5K
Long Beach, CA 90808 8:00AM Late registration closes
Coaches Meeting
8:30AM First youth race starts

HOST: The LA Jets Cross Country Invitational meet. We look forward to seeing all and know that great competition will come out.

CONTACT: Dawna Watson (310) 908-6935. Email: dawna.watson@outlook.com

AGE DIVISION and RACE DIVISION:

8 and Under 2k	13 – 14 4K
9 – 10 3K	15 - 18 & Open / Masters 5K
11 – 12 3K	

PRE REGISTRATION:

- * Pre-register by Wednesday 10/25/2023 (11:59pm)
- * Register on Athletic.net

ENTRY FEE: Seven dollars (\$7.00) for all youth runners; Masters (\$10.00) and must be paid in cash, money order, or club check. Payable to Los Angeles Jets Track Club. Registration fees are non-refundable.

Estimated race schedule: Masters 15 yrs old and up will start at 7:45am. Start time for youth are on a rolling schedule. Starting at 8:30am

ESTIMATED RACE SCHEDULE:

Race 1: 15 - 18 & Open / Master	Race 6: Girls 11-12 (2011 – 2012)
Race 2: Girls 8U (2015 – 2017)	Race 7: Boys 11-12 (2011 – 2012)
Race 3: Boys 8U (2015 – 2017)	Race 8: Girls 13-14 (2009 - 2010)
Race 4: Girls 9-10 (2013 – 2014)	Race 9: Boys 13-14 (2009 - 2010)
Race 5: Boys 9-10 (2013 – 2014)	

MEET RESULTS: Events will be posted at athletic.net after each race.

CHECK-IN: All participants must check-in at the start line. Please observe the flow of the meet and have your athlete(s) on the line at the appropriate time.

INDIVIDUAL AWARDS: Participants finishing 1st - 8th will receive medals and ribbon. 9th place thru 20th will receive ribbons.

TEAM AWARDS: 1st place trophy will be awarded to the overall boys and girls youth division. 2nd and 3rd place plaque will be awarded to the overall boys and girls youth division.

PARKING: Neighborhood parking and along the streets of the park.



Meet is sanction by USATF.org
Meet will be held rain or shine